EASY MEAL ORDER FORM

ice is for your pick-up at our location, add \$4 per meal for home delivery.	Price eac h	Quantity you want	Subtot
Creamy Chicken & Wild Rice Gluten free Low Sodium Roasted Chicken Breast, Wild Rice & Vegetables in a Garlic Cream Sauce served with Broccoli, Yellow Carrots, Green Beans and Red Peppers	\$ 3.50	you want	
Honey Mustard Chicken Gluten free Low Sodium Sliced Roasted Chicken Breast in Honey Mustard Sauce served with Herb Roasted Potatoes and Baby Peas	\$ 3.50		
Chicken Marsala Sliced Chicken Breast in Marsala Sauce Served with Penne Pasta and Zucchini & Carrots	\$ 3.50		
Chicken Picatta Low sodium Sliced Roasted Chicken in a Classic Lemon Caper Sauce served with Rice Pilaf, Broccoli, Yellow Carrots, Green Beans and Red Peppers	\$ 3.50		
Pineapple Chicken Seasoned Sliced Chicken Breast in Pineapple Sauce served with White Rice and Broccoli	\$ 3.50		
Chicken & Scalloped Potatoes Seasoned Sliced Chicken Breast and Sliced Potatoes in Cheese Sauce with Peppers, Onions & Turkey Bacon	\$ 3.50		
Chicken with Red Wine & Herb Sauce Low sodium Sliced Roasted Chicken Breast with Red Wine & Herb Sauce served with Lyonnaise Potatoes and Sliced Zucchini	\$ 3.50		
Chicken Florentine Gluten free Sliced Roasted Chicken Breast in a Creamy Florentine Sauce served with Orange Scented Rice and Long Beans & Baby Carrots	\$ 3.50		
Chicken Pot Pie Chicken Breast in Creamy Chicken Gravy with Vegetables and Pastry Crust	\$ 3.50		
Orange Glazed Chicken Gluten Free Low sodim Seasoned Sliced Chicken Breast with Orange Sauce served with Fried Rice and Peas & Baby Carrots	\$ 3.50		
Chicken with Port Jus Sauce Sliced Chicken Breast with Port Jus Sauce served with Honey glazed Sweet Potatoes	\$ 3.50		

	Price each	Quantity You want	Subtotal
Turkey & Rice with Cheese Sauce Gluten free Seasoned Ground Turkey with Rice, Corn and Black Beans with Creamy Cheese Sauce	\$ 3.50		
Sliced Turkey with Herbed Gravy Sliced Turkey Breast with Herbed Gravy served with Cranberry & Cornbread Stuffing, Mashed Potatoes and Peas & Carrots	\$ 3.50		
Sweet & Sour Meatballs Chicken & Beef Meatballs in Sweet & Sour Sauce served with Sesame Vegetable Fried Rice and Stir Fry Vegetables			
Meatloaf with Mushroom Sauce Low sodium Sliced Meatloaf covered in Mushroom Beef Gravy served with Mashed Potatoes and Corn Pepper & Onion Blend	\$ 3.50		
Beef Goulash Ground Beef, Pasta, Peppers and Onions in Seasoned Tomato Sauce served with Sliced Zucchini	\$ 3.50		
Shepherd's Pie Gluten free Low sodium Ground Beef in Herbed Gravy with Cream Style Corn Covered in Mashed Potatoes and served with Broccoli	\$ 3.50		
Beef & Cabbage Rolls Gluten free Beef and Cabbage Rolls served with Diced Red Skin Potatoes and Diced Carrots	\$ 3.50		
Salisbury Steak with Onion Gravy Low sodium Salisbury Steak in Savory Onion Gravy served with Spinach Mashed Potatoes, Green Beans and Baby Carrots	\$ 3.50		
Meatballs with Stout & Mustard Thyme Sauce Chicken & Beef Meatballs with Stout & Mustard Thyme Sauce with Egg Noodles	\$ 3.50		
Spaghetti with Italian Turkey Sausage Low sodium Spaghetti Pasta topped with Italian Style Turkey Sausage Crumble , Marinara Sauce and Mozzarella Cheese served with Sliced Zucchini	\$ 3.50		

	Pr	ice	Quantity	Subtotal
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Cheese & Beef Macaroni Low sodium	\$	3.50		
Ground Beef & Pasta in a Creamy Cheese Sauce served with Green Beans	_			
Garden Vegetable Cheese Ravioli Cheese Ravioli in a Garden Vegetable Marinara Sauce served with Broccoli	\$	3.50		
Pasta Primavera Penne Pasta with Roasted Vegetables in Alfredo Sauce served with Green Beans	\$	3.50		
Vegetable Lasagna Low sodium A Cheese Lasagna Roll topped with Alfredo Sauce, Roasted Vegetables and served with Broccoli, Yellow Carrots, Green Beans & Red Peppers	\$	3.50		
Shells & Cheese Gluten free Pasta Shells in Creamy Cheese Sauce with Toasted Bread Crumbs and Parmesan served with Peas	\$	3.50		
Fish Newburg Gluten free Baked Tilapia in Newburg Sauce served with Red Skin Mashed Potatoes and Peas & Carrots	\$	3.50		
Baked Tilapia Fish with Florentine Stuffing Baked White Fish with Mornay Sauce served with Florentine Stuffing & Long Green Beans	\$	3.50		
Total Cost for Order				

Your Name:	_
Telephone Number:	
Physical Address:	•

Mailing Address if different: